



Resource List

Triangle J Area Agency on Aging
www.tjaaa.org
919.549.0551

Piedmont Triad Area Agency on Aging
<http://www.ptcog.org>
336-294-4950

Kerr Tar Area Agency on Aging
www.kerrtarcog.org/aging/
(866) 506-6223

Chatham, Durham, Johnston, Lee, Moore, Orange, Wake Counties

Alamance, Caswell, Forsyth, Guilford, Randolph, Rockingham Counties

Franklin, Granville, Person, Vance, Warren Counties

NC Division of Aging & Adult Services www.ncdhhs.gov/aging/ 919- 855-3400
Wide range of free or low cost services to support and protect older adults in the state.

Full Circle of Care www.fullcirclecare.org
Local information and referral website for local counties, also includes regional, statewide and national links under the alphabetized "Topic Index" (left hand side of the page).

Duke Family Support Program www.dukefamilysupport.org 919-660-7510
Resource for families & professionals concerned about/caring for persons with memory disorders in NC.

Alzheimer's Association www.alz.org 1-800-272-3900
Local chapters, support group information, education programs and online resources.

Alzheimer's North Carolina www.alznc.org 1- 800-228-8738
Support group information, education and information.

Association for Home & Hospice Care of NC www.homeandhospicecare.org 1- 800-999-2357
Lists home health agencies and hospices by county including Medicare certified and private agencies.

Benefits Check Up www.benefitscheckup.org
Information regarding federal, state & local programs available to older adults needing help with paying for prescription drugs, healthcare, utilities and other basic needs.

Benefits.gov www.benefits.gov
Official benefits website of the US Government. Information on benefits citizens may be eligible for and how to apply.

SHIIP-NC www.ncdoi.com/SHIIP 1-800-443-9354
Senior Health Insurance Information Program counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D (prescriptions), and long-term care insurance.

Silver Sneakers www.silversneakers.com 1-888-423-4632 (TTY: 711)
Silver Sneakers is an insurance benefit offered to members of many Medicare plans across the U.S.

VA Caregiver Support www.caregiver.va.gov 1-855-260-3274
Caregiver information, support coordinator, in-home services, respite care, and caregiving resources.

Assisted Living Comparison Experts www.alce.unc.edu
Search for and compare assisted living facilities in NC. Compare residences based on individual needs and preferences.